



# PRE-SUMMER PRAYER & FASTING GUIDE

May 19 – May 25, 2024



We're glad you have committed to joining this journey of prayer and consecration with your church family. Below are a few things to keep in mind.

To get the most out of this time of prayer, join us for all conference call sessions. Please also be sure to pray on your own throughout the day. This will help you grow and continue learning about prayer - the most powerful weapon known to man!

### **Corporate Prayer Schedule**

Sunday - 9am, in-person at Link Church  
Monday - Friday @ 6am EST, via conference call  
Saturday @ 8am EST, via conference call  
Dial: (605) 562-0400 Access Code: 5006037

### **Suggestions**

Keep a prayer journal or have a place to take notes capturing what God speaks to you in prayer. Quality over quantity. If you are new to prayer, that's OK! God is looking for your prayer sessions to be genuine, more than He's looking for them to be long.

SUNDAY MAY 19  
DAY 1  
***PRAYERS OF GRATITUDE***

**1 Thessalonians 5:16-18** - “Rejoice always, **17** pray without ceasing, **18** give thanks in all circumstances; for this is the will of God in Christ Jesus for you.”

We thank God for bringing us to nearly the mid-point of the year.  
Let’s thank God for keeping us from dangers seen and unseen.

MONDAY MAY 20  
DAY 2  
***PROTECTION FOR ALL  
MODES OF TRAVEL***

**Deuteronomy 31:8** - “It is the Lord who goes before you. He will be with you; he will not leave you or forsake you. Do not fear or be dismayed.”

Today we pray that God would cover all vehicles, planes, trains  
cruise ships, etc. that we will use this summer.

We pray that every mode of transportation gets us to our destination and  
brings us home safely.

**TUESDAY MAY 21**  
**DAY 3**  
***CHILD SAFETY***

Psalm 91

We pray prayers of health over our children.  
We also prayer against accidents, abuse, kidnapping, etc.

**WEDNESDAY MAY 22**  
**DAY 4**  
***IMMUNE SYSTEM HEALTH***

**Jeremiah 33:6** - “Behold, I will bring to it health and healing, and I will heal them and reveal to them abundance of prosperity and security.”

We pray for food safety and against illness outbreaks, sickness from food recalls, etc.

**THURSDAY MAY 23**  
**DAY 5**  
***PEACE & JOY***

**Matthew 11:28** - “Come to me, all who labor and are heavy laden,  
and I will give you rest.”

**Romans 15:13** - “May the God of hope fill you with all joy and peace  
in believing, so that by the power of the Holy Spirit you may abound  
in hope.”

Pray this would be a season of rest and reset.  
We pray against stress and anxiety in this season.

**FRIDAY MAY 24**  
**DAY 6**  
***FAMILY***

**Psalm 121: 5-8** - “The Lord is your keeper; the Lord is your shade on your right hand. **6** The sun shall not strike you by day, nor the moon by night. **7** The Lord will keep you from all evil; he will keep your life.**8** The Lord will keep your going out and your coming in from this time forth and forevermore.”

Pray for the safety of all families, pray against casualties and untimely death.



**SATURDAY MAY 25**  
**DAY 7**  
***INCREASED DISCERNMENT***

**Proverbs 16:9** - “The heart of man plans his way, but the Lord establishes his steps.”

Pray God will cover our travel plans but that He will also give us sensitivity to hear and listen when we need to cancel or change the plans we’ve made.